

Mentor Bridging For NEWCOMERS



Enjoy this **FREE** initiative! Participants will develop skills and build networks in their new community. Join us and take advantage of this opportunity to thrive in your new journey!

ELIGIBILITY

A Foreign Trained Professional.

Able to commit 6 months to mentoring activities.

A Resident of BC, in Canada less than 10 years and fall under the following categories:

- Temporary Foreign Worker
- International Student
- Refugee
- Naturalized Canadian Citizen
- Permanent Resident
- Immigrant or a family member of any of the above.

SCAN
the QR code
to register

For **MENTEES**



<https://forms.office.com/r/r4pR9ws2uk7>

For **MENTORS**



<https://forms.office.com/r/LLG5MbUGZw>



Informational Interviews: Learn from professionals in your industry.



Workplace Integration: Understand Canadian workplace culture and terminology.



Engagement Activities: Participate in worksite tours, financial literacy training.



Mentor Matching: Connect with a mentor to enhance your employability in your field.



Professional Development: Receive guidance to build your skills and advance your career.



Networking: Expand your professional and community connections.



Work Experience: Access internships, practicum, or volunteer opportunities.

FOR MORE INFORMATION, CONTACT US:



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