

# Langley Child Care Resource & Referral

# Inclusivity in the Early Years

*Building strategies and positive practices that support inclusivity in the early years*

## Day #1

**SATURDAY, OCT 14**

**Registration fee \$20.00**

9:00 AM - 4:30 PM

Pre-registration 8:15 AM - 9:00 AM

### Workshop Sessions:

- Inclusivity, Diverse Abilities, and Indigenous Cultural Safety in Early Years
- Autism and Neurodiversity in the Early Child Care Setting
- 10 Ways to De-Escalate BIG Behaviours and Helping Children Restitute and Repair

## Day #2

**TUESDAY, OCT 17**

**Registration fee \$10.00**

6:30 PM - 8:30 PM

Pre-registration 6:00 PM - 6:30 PM

### Workshop Session:

- Inclusive Learning Spaces

See  
workshop  
descriptions  
on the  
next page

## Day #3

**SATURDAY, OCT 21**

**Registration fee \$20.00**

9:00 AM - 4:30 PM

Pre-registration 8:15 AM - 9:00 AM

### Workshop Sessions:

- Understanding What's Behind Challenging Behaviour and How to Help
- Talking to Parents (When You Have Developmental Concerns)
- Kids Yoga for All Abilities
- Visual Support Strategies for Young Children with Developmental Disabilities

FOOD: Refreshments at the morning break and lunch for full days will be provided. Vegetarian, and gluten free options will be available. Please make arrangements if you have other dietary restrictions or allergies.

**Register for one, two or all three days**

**Register at [www.lcss.ca](http://www.lcss.ca)**  
**Email: [langccrr@lcss.ca](mailto:langccrr@lcss.ca) or phone**  
**Langley CCRR 604 533 4425**

Registration includes a different complimentary book on each day, lunch on full days and certificate of attendance.

**Registration closes October 12th 4:30PM and is non-refundable.**

If in need of financial assistance to have multiple staff attend please email CCRR office for more information.

**Donna Gabriel Robins Elementary**

**Address: 7844 204B St., Langley Twp, BC V2Y 3N9**



Ministry of  
Education and  
Child Care

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Langley  
Schools

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Langley Community  
Services Society



# Day #3 - Saturday

## October 21 2023

Pre Registration 8:15 AM-9:00 AM

Conference 9:00 AM - 4:30 PM

Registration \$20.00

Includes complimentary  
book and lunch

### Understanding What's Behind Challenging Behaviour and How To Help

Children in our care often arrive in survival mode, bringing with them behaviours that make it challenging for us to take the lead and build relationships with them. Often behavioural problems are seen as disciplinary issues that must be "fixed," rather than understanding them as an indication that a child has an emotional need to be filled. A child's behaviour tells us something about their inner world. Drawing on the developmental insight of Dr. Gordon Neufeld, Tamara will explore some of what is behind the challenging behaviours that we see in children across a range of diverse abilities. Tamara will offer practical suggestions for how we can support children to find the emotional rest needed.

#### Tamara Strijack

Tamara Strijack is a Registered Clinical Counsellor who lives and works on Vancouver Island. She is co-author of the book, *Reclaiming Our Students: Why our children are more anxious, aggressive and shut down than ever, and what we can do about it*. Tamara has worked with children and adolescents in various roles over the last twenty-eight years. She is currently the Academic Dean of the Neufeld Institute, where she develops and delivers courses on child development for parents, teachers and helping professionals. She is a keynote speaker, workshop facilitator, and educator of counsellors and educators in training. Tamara works primarily as a parent and educational consultant, helping put adults back in the drivers' seat in a way that facilitates growth and learning for the child. As Dr. Gordon Neufeld's daughter, Tamara offers a unique inside view, bringing together her own experience and insight with her father's theoretical material. Connection, relationship and play continue to be central themes in all her roles, both personally and professionally.

### Talking to Parents (When You Have Developmental Concerns)

What to do when you have a concern about a child's development, how you might approach the family, and what to do next (which differs depending on how the family reacts to your concern). We will also talk about some common but subtle "red flags" that are easy to miss and give a brief overview of the Child Development programs offered by Inclusion Langley.

#### Glenda Honeybourne & Karen Came

Glenda has been with Inclusion Langley Society (formerly Langley Child Development Centre) since 2002 and has been a Supported Child Development (SCD) Consultant for most of that time. Currently Glenda is the Supervisor of the Langley SCD Program. Karen Came has been with the Agency since 1991 and has been an SCD Consultant since 1994.

### Kids Yoga for All Abilities

Participants will experience an inclusive kids yoga class. Adaptions/Modifications for all abilities will be discussed and explored learning some basic chair yoga poses and strategies for various neurotypes.

#### Karen LeSage

I have over 25 years of experience working with children from birth to nineteen years of age in child care and community settings. Throughout my career my focus has been on inclusion for all children. I am a licensed Early Childhood Educator, Infant/Toddler Educator and Special Needs Educator. I am a registered 200-hour Yoga Teacher, a 95-hour Children's Yoga Teacher, a certified Kidding Around Yoga Instructor, a certified Perinatal Yoga Teacher and I've been trained in the Mindful Schools Curriculum.

### Visual Support Strategies for Young Children with Developmental Disabilities

Visual support, improve communication and enhance predictability strategies for young children with developmental disabilities. Providing awareness of tools and resources they can use to assist in selecting, developing and implementing visual support strategies.

#### Dr. Brenda Fossett

Dr. Brenda Fossett is a doctoral level Board Certified Behavior Analyst, on faculty in the Applied Behavior Analysis-Autism Department at Capilano University in North Vancouver. Brenda entered the field of special education in 1993 as a Special Education Teacher of the Deaf at the BC School for the Deaf in Burnaby, BC, specializing in educating deaf children with additional developmental disabilities. Brenda has over 20 years' experience working as a consultant in private practice, providing services to children, youth and adults with developmental disabilities in home, school and the community.

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