

Settlement Programs

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
	<p>4. <u>(Online) Low Level Conversation Circle</u> 10:00am-11:00am</p> <p><u>(Online) High Level Conversation Circle</u> 1:15pm-2:15pm</p>	<p>5. <u>(Online) High Level Conversation Circle</u> 10:00am-11:00am</p>	<p>6. <u>(Online) Seniors on the Move</u> 9:30am-10:30am</p> <p>*<u>(Online) Engaging Women</u> 1:15pm-2:15pm <i>(registration required)</i></p>	<p>7. <u>One on One Community Engagement</u></p>	 <p>5339 207th Street Langley B.C. V3A 2E6</p>
<p>10. <u>(Online) Low Level Conversation Circle</u> 3:00pm-4:00pm</p>	<p>11. <u>(Online) Low Level Conversation Circle</u> 10:00am-11:00am</p> <p><u>(Online) High Level Conversation Circle</u> 1:15pm-2:15pm</p>	<p>12. <u>(Online) High Level Conversation Circle</u> 10:00am-11:00am</p>	<p>13. <u>(Online) Seniors on the Move</u> 9:30am-10:30am</p> <p>*<u>(Online) Engaging Women</u> 1:15pm-2:15pm <i>(registration required)</i></p>	<p>14. <u>One on One Community Engagement</u></p>	
<p>17. <u>(Online) Low Level Conversation Circle</u> 3:00pm-4:00pm</p>	<p>18. <u>(Online) Low Level Conversation Circle</u> 10:00am-11:00am</p> <p><u>(Online) High Level Conversation Circle</u> 1:15pm-2:15pm</p>	<p>19. <u>(Online) High Level Conversation Circle</u> 10:00am-11:00am</p>	<p>20. <u>(Online) Seniors</u> 9:30am-10:30am</p> <p><u>(Online) Youth in the House</u> 9:00am-10:30am (tentative)</p> <p>*<u>(Online) Women's Health</u> 1:00pm-2:15pm <i>Topic: Blood Pressure (registration required)</i></p>	<p>21. <u>One on One Community Engagement</u></p>	<p>January 26th</p> 
<p>24. <u>(Online) Low Level Conversation Circle</u> 3:00pm-4:00pm</p>	<p>25. <u>(Online) Low Level Conversation Circle</u> 10:00am-11:00am</p> <p><u>(Online) High Level Conversation Circle</u> 1:15pm-2:15pm</p>	<p>26. <u>(Online) High Level Conversation Circle</u> 10:00am-11:00am</p>	<p>27. <u>(Online) Seniors</u> 9:30am-10:30am</p> <p>*<u>(Online) Women's Health</u> 10:00am-11:30am & 1:00pm-2:15pm <i>(registration required)</i></p>	<p>28. <u>One on One Community Engagement</u></p>	
<p>31. <u>(Online) Low Level Conversation Circle</u> 3:00pm-4:00pm</p>		<p>Free online programs for Permanent Residents. Please contact: Joohye at jnam@lcss.ca or 604-534-7921 Ext. 1204</p> <p>*Health sessions are delivered by nursing practicum students.</p>			 <p>Langley is Home</p>