



FAMILY SUPPORT WORKER

A free service assisting families with children birth to 6 years living in Langley.

How can I be of help to you?

**Are you a parent/caregiver living in Langley with child/ren ages birth to 6 years?
Are you looking for support in your parenting journey – eg: challenging behaviours, sleep routine, diet, nutrition to name a few?**

Do you need help

- **finding resources for your children in Langley?**
- **finding support for yourself?**
- **finding programs and activities for your children?**

As a Family Support Worker, I can help you with these and other needs that come up in your parenting journey. I can connect with you face-to face in the community, in a socially distanced setting and also via phone, text or a zoom call.

For support and questions, please contact,

Madhvi Rogers

Email: mrogers@lcss.ca

Phone 604.534.7921

Availability : Monday to Thursday.



