## COUPLES COMMUNIC&TION GROUP

Support and education group for couples who want to improve connection, lower intensity and frequency of arguments, and enhance the friendship with your partner!

This group is a safe space to share and explore difficulties you are experiencing and provides knowledge about how to create and sustain a happy, healthy, and love-filled partnership. Group work and activities are based on the works of leading relationship experts.

- Next group begins Thursday October 12, 2017 at 6:30 8:30 pm
- 6 Sessions, meeting once a week for 2 hours
- Couples activities to understand where the problems lie and how to solve them
- Couples of any age and relationship phase and type are welcome
- Accepting ongoing referrals

**REGISTER SOON!** 

If you would like more information or to register, please contact Kim Paquin at Langley Community Services 604-533-7920 Ext. 1308 kpaquin@lcss.ca