LCSS Parent Outreach program presents a new parenting course.

Managing Children's Anxiety

July 5-26, 2017 Wednesdays 6-8pm

This parenting group is designed around the increasing concern of children's anxiety. In this four week program, discussions will centre on the biological nature of anxiety, parenting children with anxiety, children's anxiety through separation and divorce, and effective strategies for helping a child with their anxiety.

Registration required. Call Eileen 604-534-7921



Langley Community Services Society